

VOL-10. 2024

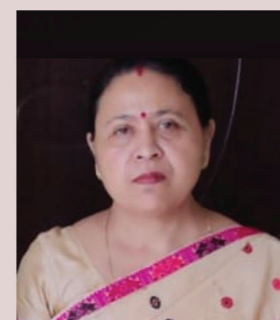


Newsletter

COMMUNITY SCIENCE DEPARTMENT

PRINCIPAL'S MESSAGE

As we dive into the latest edition of the Newsletter of the department, I want to take a moment to express my gratitude and admiration for the incredible work that each of you contributes to our department and our college as a whole and also provide a platform for showcasing literary talents of the students. As a newsletter it may be taken to be the mouth piece for the incredible enrichment of the department that will embody collective expertise, creativity, and collaboration which will continue to propel us forward towards academic excellence and intellectual enrichment in this endeavour. I wish the Department great success and support to make the department a vibrant and dynamic place of learning and discovery.



Chetia

Dr. Sanjita Chetia

Principal

Digboi Mahila Mahavidyalaya

EDITORIAL

The newsletter of an educational institution serves as its lifeblood. The Department of Home Science at Digboi Mahila Mahavidyalaya was established in 1989, formally becoming a department in 2009 with the introduction of its major course. Despite its imperfections, the department has persevered, striving to maintain standards through the dedication of its current staff members. Departmental newsletters serve as vital conduits of communication and connection within educational institutions. Moreover, departmental newsletters serve as reflections of the department of community science ethos, values, and accomplishments, showcasing its contributions to the institution and beyond. In this regard, we have brought to your kind notice the important activities and significant achievements of the Dept. of Community Science. We are greatly thankful to Dr. Sanjita Chetia, Principal, Digboi Mahila Mahavidyalaya for her immense help and constant encouragement.

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Socio-economic Survey

A Socio-Economic Survey was conducted in Bhipathar Goan on 1st March 2023, to find out the socio-economic condition of the village. A total no. of 36 families was selected randomly from the village. An interview schedule was constructed to conduct the survey. The survey was a great success, with the co-operation of three teacher in charge Dr. Smita Rani Saikia, Mrs. Banashree B. Dastidar and Ms. Ankita Saikia. A total of twenty-six (26) number of students conducted the survey.



Free health check-up camp

A Free Health Check-Up Camp was organized by the Department of Home Science of Digboi Mahila Mahavidyalaya, in Bogabani Tea Estate, on 19th March 2023, in collaboration with Path kind Labs, Digboi. The objective of the camp was to access the blood hemoglobin level of the people, especially women's and adolescence girls. Blood samples were collected from the people by the laboratory technicians which were stored very carefully. A total of fifty (50) people voluntarily came forward to get tested and examined. Not only blood hemoglobin but also, they also wanted to check their Thyroid as well as sugar/cholesterol levels as it was free of cost. The camp was a great success, with the co-operation of three teacher in charge Mrs. Banashree Baruah Dastidar, Ms. Ankita Saikia and Ms. Kaberi Gogoi. A total of twelve (12) number of students volunteered from the Department of Home Science extended their full co-operation and participated in the camp.



Workshop of mushroom cultivation



A workshop on mushroom cultivation was organized by the Department of Home Science, Digboi Mahila Mahavidyalaya, in collaboration with IQAC, in Kherjan, L.P. School on 21st March, 2023. Resource person for the programme was Mr. Debajit Hazarika, from Duliajan Girls College. The programme was started with a small welcome address by Dr. Smita Rani Saikia, Asst. Professor, Dept. of Home Science. The objective of the workshop was to promote and strengthen the entrepreneurial skills of the people to make them self-reliant. A total of thirty (30) villagers attended the workshop. Ten (10) students from the Department of Home Science volunteered in the workshop.

Visit to Junbiri Boutique

The students of B.A. 4th Sem (Honors), Dept. of Home Science visited Junbiri Botique, Golai no. 2, Digboi on 4th April, 2023, under the guidance of Dr. Smita Rani Saikia and Ankita Saikia. The objectives of the visit were to study about different fashion designs. The owner of the boutique was Mrs. Binita Dutta. She is a fashion designer. The students observed different products designed by her.



Extension Programme at Dhekiajan L.P. School, Dhekiajan



An Extension Programme was held on 5th April 2023 at Dhekiajan L.P. School in Association with N.S.S, Digboi Mahila Mahavidyalaya. The aim of the programme was to conduct income generating activities among villagers. The villagers showed their interest in learning the block printing, tie and dye techniques which will help them to use it as an income generating source.

Visit to Amar Ghor (Old age home)

The student of BA 2nd semester generic department of Home Science visited an Old Age Home "Amar Ghor" on 12th April 2023 as a part of their course work. The purpose of the visit was to sensitize the students about the needs of elderly people and also to give them a glimpse into the lives they live and challenges they face. The trip was properly planned and the students were accompanied by teacher in-charge Dr. Smita Rani Saikia, Ms. Ankita Saikia and Ms. Kaberi Gogoi. Essential items and some edibles were taken by the students on behalf of the department like milk, corn flakes, biscuits, cake etc. Mrs. Lily Borah, the president of the old age home was very generous enough to interact with the students about their residence, their diverse family and cultural background, language and ethnicity, their mental and physical problems etc.



Visit to Hotel Hilton Blue

The students of BA 6th semester Honours, Department of Home Science visited Hotel Hilton Blue, Tinsukia on 12th April 2023. The objective of the visit was to provide exposure to the students and enlighten them about how a hospitality business works right from interiors, maintenance, management and performance of various department and staff. The visit was planned and as students were accompanied by the departmental teacher in-charge Dr. Smita Rani Saikia, Ms. Ankita Saikia and Miss Kaveri Gogoi. The students with due guidance of the hotel personal got a chance to see and visit the hotel kitchen, the various rooms of the hotel, the conference banquet room, the restaurant etc. Overall, through this visit the students were successful in learning and understanding how a hospitality business works and perform to provide better service to its customer.

Career Guidance and Counseling

A Career Guidance and Counselling on Banking Sectors was held on 27th April 2023, was organized by IQAC and Department of Home Science in association with office of Sub Divisional Officer, Civil Margherita. Resource person Mr. Sanjay Singh Debra, Assistant Manager, Punjab National Bank Margherita and Mr. Kamal Upadhyaya, clerk, PNB, spoke and consult the students about various prospectus, exams strategies, books and methods that are required to crack bank examination. A total of 75 students from various discipline of the college and also 10 students from Margherita college were participated in the program.



Parents Teacher meeting

The Departmental Parent's Teacher Meeting was held on 28th April 2023. The objectives of the meeting were to interact with the parents of the students regarding their academic and co-curricular activities and their performance on the academic year. The meeting was a great success where the parents interacted with the teachers regarding their ward's problem and performance.



Workshop on Creating Ecosystem for Entrepreneurship Development

The department of Home Science and IQAC, Digboi Mahila Mahavidyalaya organized a One-day Workshop on “Creating Ecosystem for Entrepreneurship Development” on 6th May 2023. The Resource person for the workshop was Honorable Vice Chancellor of Assam Agricultural University, Dr Bidyut Ch. Deka, where he speak on different ways and means regarding how to be a job provider rather than job seeker. Also, how to create an appropriate environment constituting teachers, experts, and elders etc. to mould and ignite the young minds in this challenging time. Dr. Sanjita Chetia, Principal, Digboi Mahila Mahavidyalaya, delivered her inaugural address in the workshop. Faculty of Department of Home Science and other faculty members of the college along with the students also participated in the workshop.

Inauguration of Day Care Centre: Little Angels

The National Education Policy 2020 has laid much emphasis on the importance of early childhood Care and education so that the future of the children can be moulded. A day-care centre has been set up in Digboi Mahila Mahavidyalaya under the Department of Community Science, Titled as “Little Angels”, a day care centre was inaugurated by Dr. Lakhinandan Gogoi, President Governing Body of College, at the college premises on 28th June 2023. In his inaugural address he said that the day care centre was a new addition to the development of the college under the leadership of the principal DR. Sanjita Chetia. The programme was started with a small welcome address by Dr. Smita Rani Saikia, Assistant Professor, Department of Community Science. The inauguration ceremony was presided over by the principal, Dr. Sanjita Chetia and her speech she said that the day care centre would fulfill all the requirements and serve the college fraternity along with the general public. All the other faculty members of the college were also present in the programme.



Photo Gallery Day Care Centre: Little Angels



FRESHER'S

The fresher's social on August 26, 2023, was a fantastic event, marking a vibrant start to the academic year for the Community Science Department. The day was filled with a variety of engaging activities designed to help new students connect with their peers, faculty, and the department's culture. The event kicked off with heartfelt speeches from key faculty members and senior students. These speeches not only welcomed the new students but also provided insights into the department's values, goals, and the exciting opportunities that lay ahead. To ease the newcomers into the social atmosphere, a series of fun and interactive icebreaker activities were organized. These activities encouraged students to mingle, share a bit about themselves, and start forming new friendships. A highlight of the event was a showcase where current students and recent alumni shared their projects, research, and experiences. This gave the freshers a glimpse into the kind of work they might be involved in and inspired them to think about their own academic and extracurricular goals. A themed photo booth added a touch of fun to the event. It was a popular spot where students could take memorable photos with friends and faculty, adding to the day's festivities. The event featured a variety of delicious refreshments and snacks, providing a chance for students to relax and socialize over good food. Overall, the fresher's social on August 26, 2023, was a memorable and successful event that set a positive tone for the academic year. It provided new students with a warm welcome, valuable information, and the chance to start building connections that will support them throughout their time at the university.

45 days skill training programme under SAMARTH

A 45 days skill development programme under SAMARTH, Directorate of Handloom and Textiles, Assam was flagged off under the Department of Community Science ON 14/09/23. The invited guest and speakers for the event were Mr. Pranjal Baruah, Directorate of Handloom and Textiles, Ghy., Mr. Champak Saikia, superintendent, office of Handloom and Textiles, Tinsukia, Mr. Bhaskar Kalita, Inspector Handloom and Textiles, Ghy. The event officially started with the lightening of the lamp by principal Dr. Sanjita Chetia, vice-principal Dr. Jovial kalita, , IQAC coordinator Dr. Pankaj L. Gogoi, faculty members of Department of community science of Digboi Mahila Mahavidyalaya, and invited dignitaries. The discussion was opened by Mr. Pranjal Baruah, research officer, Directorate of Handloom and textiles , Guwahati, who spoke about the Scope and the challenges of the handloom industry of Assam.

VISHWAKARMA PUJA



Every year with religious dedication the teachers and students of the department celebrates Bishwakarma Puja. This year the puja was celebrated on 17th September 2023.



Celebration of Nutrition month

Nutrition Month 2023 was celebrated with enthusiasm and creativity by the Department of Community Science, Digboi Mahila Mahavidyalaya. This year's theme focused on promoting healthy eating habits and increasing awareness about the importance of nutrition in daily life. The celebration featured a series of engaging activities, including a quiz competition, a poster-making contest, and a cooking competition, each designed to educate and inspire students participants. Quiz Competition was organised to test participants' knowledge about nutrition and healthy eating practices. The quiz consisted of multiple-choice questions, true/false statements, and short answer questions covering various aspects of nutrition, including dietary guidelines, food groups, and the role of different nutrients. The quiz was highly interactive, with participants showcasing their understanding and gaining insights into lesser-known nutritional facts. Prizes were awarded to the top scorers, encouraging friendly competition and learning.

A Cooking Competition to demonstrate practical cooking skills and encourage the preparation of nutritious meals. Participants were tasked with creating dishes that were both healthy and appealing, using a selection of ingredients provided by the organizers. Dishes were evaluated based on nutritional value, taste, presentation, and creativity. The cooking competition was a highlight of the month, showcasing innovative recipes and cooking techniques. Winners received accolades for their healthy and delicious creations, and all participants gained valuable cooking tips and ideas for nutritious meal planning. Nutrition Month 2023 was a successful initiative, demonstrating the Department of Community Science's commitment to promoting healthy lifestyles and nutritional awareness. The variety of activities provided opportunities for learning, creativity, and community engagement. Feedback from participants highlighted the positive impact of the events, and many expressed an increased interest in adopting healthier eating habits.



Mentor – Mentee Forum

A meeting was held 29th September 2023 at dept. of Community science to form the mentor-mentee forum under FYUGP, Dibrugarh University. Dr. Smita Rani Saikia, Assistant professor of the department started the meeting and briefly explained the need and importance of mentor-mentee forum. The principal and H.O.D., department of community science, Dr. Sanjita Chetia was made the chairperson of the meeting and Miss Thapona Dutta, student of 1st Semester was selected as a student coordinator. The forum discussed about the course advancement, attendance, departmental activities and about the different co-curricular activities of the department. All the faculty members of the department were present in the meeting.



PRODUCTION OF VERMICOMPOST

Department of Community Science of Digboi Mahila Mahavidyalaya organized a Vermi-compost Organic Fertilizer sale programme on 12th October, 2023 at the college campus, which was prepared by 5th semester students of Community science, as a part of their course Life Science. The faculty members and people of Digboi locality bought the fertilizer in minimum price.



Mentor-mentee Forum Meeting

A mentor mentee meeting was held on 31 October, 2023 at department of Community science under Mentor Mentee Forum, FYUGP, Dibrugarh University. Dr. Smita Rani Saikia, Assistant professor of the department started the meeting and briefly explained the purpose of the meeting. The principal and H.O.D., department of community science, Dr. Sanjita Chetia was made the chairperson of the meeting. All the faculty members of the department were present in the meeting. Matters related with teaching and others were discussed and the students were informed about services and amenities available in the campus. They were encouraged to participate in various events which are related and not related to curriculum. The student coordinator Miss Thapona dutta, took the initiative to discuss the problems they were facing. Faculty members discussed them about their low attendance and poor performance in the sessional examination. Here the students get time to interact with each other as well as with their mentor thus improving their interpersonal skills.

Workshop on mushroom cultivation

A workshop on mushroom cultivation was organized by the Department of Community Science, Digboi Mahila Mahavidyalaya, on 17th October, 2023. Resource person for the programme was Mr. Debajit Hazarika, from Duliagian Girls College. The programme was started with a small welcome address by Dr.Smita Rani Saikia, Asst. Professor, Dept. of Community Science. Mr. Hazarika than continued the programme, where he carefully demonstrated the entire process of mushroom cultivation to the students. The entire workshop was very stimulating, as there was a lot of interaction took place, between the students and the resource person. The objective of the workshop was to promote and strengthen the entrepreneurial skills of the students to make them self-reliant. A total of thirty (25) students attended the workshop. It was swiftly conducted with the presence of three teacher in-charge Dr. Smita Rani Saikia, Mrs. Banashree Baruah and Ms. Ankita Saikia.



Visit to Rupantar growth centre

The students of B.A. 5th Semester (Honors) , Department of community Science, Digboi Mahila Mahavidyalaya visited "Rupantar Growth Centre in Duliagian on 7th October 2023. The major objectives of the visit was to aware the students about handloom sector. The centre established in the year 1984 has been upgraded into a Centre of Excellence in the year 2021-22 with the objective of implementing innovative interventions towards socio-economic empowerment of rural women belonging to OIL's operational districts while also promoting indigenous crafts and handlooms of Assam. In the centre emphasis shall be given on incorporating value added production along with entrepreneurship education. Teacher in-charge Dr. S. R. Saikia, Mrs. B.Dastidar and Ms. A. Saikia along with 26 number of students has visited the handloom centre. The aim of the visit was to observe the infrastructure of the centre, to study various types of loom and their functions, the product development and the employees details.



Departmental Farewell

The Community Science Department organized a farewell event on 26th October 2023 to honor and bid adieu to the final year students. This occasion was a blend of reflection and celebration, acknowledging the achievements and contributions of the graduating class. The event took place in the department's conference hall, which was adorned with banners and memorabilia reflecting the students' journey through their academic years. The farewell event was a fitting tribute to the graduating final year students of the Community Science Department. It celebrated their achievements, offered heartfelt farewells, and marked the transition from academic life to their future careers. The event successfully highlighted the impact of their contributions and left a lasting impression on all attendees.



TWO WEEK CAPACITY BUILDING PROGRAMME DATED : 20th NOVEMBER to 4th DECEMBER, 2023

An ICSSR Sponsored Two week capacity building programme on the topic “Implementation of Research Methodology and Research Publication” was held at Digboi Mahila Mahavidyalaya from 20th November, 2023 to 4th December. The programme was arranged by Dr. Abul Foyes Md. Malik, Associate Professor Bengali and Dr. Smita Rani Saikia, Assistant professor, Deptt. Of community Science, Digboi Mahila Mahavidyalaya. The programme witnessed an overwhelming participation by a number of eminent personalities, students, research scholars and professors from all over Assam as well as across the adjacent states.

The commencement of the program was marked by an auspicious inauguration, as the distinguished guests, including Dr. Sanjita Chetia, Principal of Digboi Mahila Mahavidyalaya, illuminated the ceremonial lamp. Steering the event with grace and expertise was Dr. Pankaj Luchan Gogoi, an esteemed Assistant Professor from the Department of English at Digboi Mahila Mahavidyalaya, who took on the role of host for the occasion.

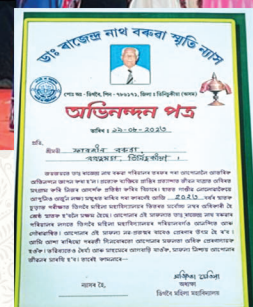
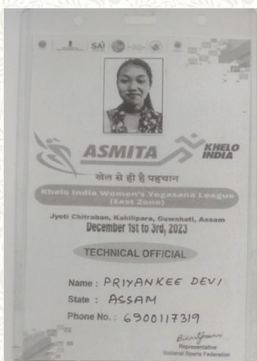
The programme was first addressed by the chairperson of the event, Dr. Sanjita Chetia, Principal, Digboi Mahila Mahavidyalaya. She welcomed all the guests as well as the students whole heartedly on behalf of the college. The Resource Persons for the event were Dr. Amar Uoadhyaya, Assistant Professor, Department of Education, Dibrugarh University, Dr. Barnali Das, Assistant Professor, U.G.C’s Centre For Women Studies, Dibrugarh University, Dr. Amrita Pritam Gogoi, Assistant Professor, Department of Political Science, Dr. Dipak Kumar Doley, Assistant Professor, Department of English, Dibrugarh University, Dr. Manashree Chetia, Assistant Professor, Department of Philosophy, Dr. Kuheli Das, Assistant Professor, Department of Sociology. They also expressed their earnest gratitude for being invited to the Two Week Capacity Building Programme. The Two-Week Capacity Building Programme organized by the authorities was a comprehensive and enlightening initiative aimed at enhancing the research capabilities and knowledge of the participants. Throughout the programme, esteemed resource persons from various academic backgrounds graced the sessions with their expertise and insights.

PHOTOGRAPH:TWO WEEK CAPACITY BUILDING PROGRAMME



Students Achievement

Farheen Baruah ranked first class in semester examination. Priyankee Devi, 1st semester student of Home Science department was awarded for her outstanding contribution to Women’s sports development recognized by Khelo India.



Achivement : Priyankee Devi , Students, 1st Semester

Students Results of B.A. Final in 2023



Rukshana Begum
(78.5%)



Jimpee Mahanta
(78.0%)



Farhin Baruah
(84.2%)



Kiran Sharma
(73.8%)



Anjali Lamichhane
(75.8%)



Anjali Chetry
(74.4%)



Benu Kumari Newar
(78.3%)



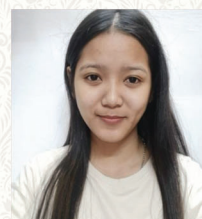
Reshmi Das
(76.2%)



Biplobi Borah
(78.2%)



Karabi Moran
(75.4%)



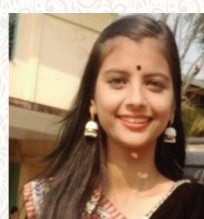
Priya Gurung
(77.93%)



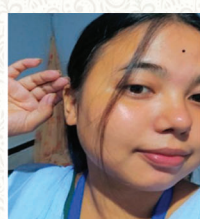
Lizaa Baruah
(77.7%)



Smreegha Borbora
(79.9%)



Jyoti Devi Upadhyay
(78.7%)



Aparajita Moran
(75.2%)



Himanjoli Borah
(82.3%)



Tutumoni Chetia
(70.7%)

COURSE OF STUDY

Higher Secondary
3 year degree course (Honours)
4 year degree course (FYUGP)
Family Resource Management
Textile and Apparel Designing
Human Development
Food and Nutrition
Extension Education

VISION

Opening the following area of study
M.A./M.Sc in Home Science
Major Project
International Seminar

FACULTY MEMBERS

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Dr. Smita Rani Saikia
Mrs. Banashree Baruah Dastidar
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